



Healthy Oilseeds, LLC

Carrington, North Dakota

Healthy Oilseeds

- ▶ Specialty oilseed processing
- ▶ Flaxseed, hempseed and borage
- ▶ Roasting, cold press expelling, milling or size reduction and sifting
- ▶ 75% export and 25% domestic sales



Hemp and our products!



- ▶ oils, high in omega 3, take a spoonful per day!
- ▶ protein powders, including all the amino acids, great for vegetarians!
- ▶ roasted seeds, great as a salad topper!

How our customers use our hempseed products!

- ▶ Salad dressings
- ▶ Pasta
- ▶ Baking ingredients (brownie mix, pancake mix, etc.)
- ▶ Salad toppers
- ▶ Snacks
- ▶ Energy bars
- ▶ Granola
- ▶ Protein smoothies
- ▶ Topical skin and joint treatment (lotions, balms, soap, hair products)
- ▶ Pet supplements



Growing hemp in America
Not all is organic (3 year transition)

Pesticide free



Hempseed

▶ PROS:

- ▶ Great for vegetarians
- ▶ Complete meat replacement
- ▶ Great source of omega 3 essential fatty acids
- ▶ Good source of fiber

▶ CONS:

- ▶ Need to develop markets
- ▶ Federal government considers hemp a narcotic

